

PENINSULA PADDLERS

UPCOMING PADDLE

Location: *the water body, eg Welland River*

Date: *day and date*

Where: *the launch location*

Meet Up Time: *a half hour prior to launch time*

Launch Time:

More Information: *rate the paddle according to the following, and add any other information necessary*

PACE/ENDURANCE: (copy and paste the level, including the explanation that applies)

- **Not Strenuous:** Daily paddling typically less than 3 hours, with distances of 10 kilometres or less.
- **Moderately Strenuous:** Daily paddling typically between 3 and 5 hours, with distances of 10 to 20 kilometres.
- **Difficult:** advanced paddling, seamanship and rescue skills. Ability to handle waves greater than one meter. Expect exposed waters, open crossings, large waves, moderate to strong winds, surf, fog, and potentially difficult landings. Sheltered resting and landing spots could be few.

SKILLS REQUIRED (copy and paste the skill level including the explanation that applies)

- **Novice:** Requires basic paddling skills, practiced wet exits. Expect protected waters, easy landings, and shelter for resting.
- **Intermediate:** Requires basic paddling skills including the ability to brace, self rescue, and participate in assisted rescues, comfortable in one meter waves, mostly protected waters, some difficult landings, and some sheltered spots for resting. Paddlers must be comfortable paddling at night time.
- **Experienced:** Requires advanced paddling, seamanship and rescue skills. Ability to handle waves greater than one meter. Expect exposed waters, open crossings, large waves, moderate to strong winds, surf, fog, and potentially difficult landings. Sheltered resting and landing spots could be few.

Parking: *free, or parking fee, if applicable*

Trip Leader:

Email:

Phone Number:

For your safety:

- Please have the required Emergency Medical form attached to the underside of your front hatch. The link- <https://www.peninsulapaddlers.com/wp-content/uploads/2018/12/MedicalHistory.pdf>
- A Personal Flotation Device (PDF) is mandatory.
- Bring an Emergency Kit including a pea-less whistle (attach it to your PDF), 15 m of floating rope, and a pump or bailer.

Please contact the trip leader if you're interested in going to this paddle. Only those registered will be contacted in the event of changes or cancellation.

Check out www.peninsulapaddlers.com for upcoming events.